

Learn Polish
with Regner

Bernd Felix –
A Beginner's
Guide

Regner Bernd Felix

Introduction – Why Learn Polish?

Polish is spoken by over 40 million people worldwide, making it one of the most widely spoken Slavic languages. It is the official language of Poland and is also spoken in Lithuania, Ukraine, Belarus, and among Polish communities around the world.

Learning Polish can help you:

- ✓ Travel more easily in Poland and Eastern Europe.
- ✓ Connect with Polish friends and family.
- ✓ Understand Polish culture, history, and traditions.
- ✓ Improve your career opportunities in international business and trade.



The Polish Alphabet and Pronunciation

- Polish uses the Latin alphabet but has some additional letters and unique pronunciation rules.
- Polish Alphabet (32 Letters)
- AĄBCĆDEĘFGHIJKLŁMNŃ
OÓPQRSŚTUVWXYZŹŻ

Basic Polish Greetings and Common Phrases

Learning common greetings is a great way to start conversations in Polish.

- Cześć! – Hi! / Hello! (informal)
- Dzień dobry! – Good morning! / Good afternoon!
- Dobry wieczór! – Good evening!
- Do widzenia! – Goodbye!
- Jak się masz? – How are you?
- Dobrze, dziękuję. – I'm fine, thank you.
- Miło mi cię poznać. – Nice to meet you.

Introducing Yourself in Polish

**When meeting someone new,
you can use these simple
phrases to introduce yourself:**

- Mam na imię... – My name is...
- Jestem z... – I am from...
- Mieszkam w... – I live in...
- Mam ... lat. – I am ... years old.
- Mówię trochę po polsku. – I speak a little Polish.

These sentences will help you start conversations and make connections

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Want to learn more? Get access
to full Polish lessons and
exclusive content.